Empire 8 Championships

Kerr-Pegula Fieldhouse, Houghton College - 2/24/2018

Results

Men 60 Meter Dash

Meet: 6.88 & 2/11/2017 Nicodemus Gambill
Facility: 6.87 # 2/18/2017 Dean Simon
AARTFC: 7.10 *

Preliminaries

	Name	Yr	School	Prelims
1	Alex Kainer	JR	Stevens Inst	* 7.05Q
2	Ryan McQuillen	JR	St. John Fisher	* 7.08Q
3	Evan Kainer	JR	Stevens Inst	7.15q
4	Kwame Maxwell	FR	Alfred	7.15q
5	Daniel Norris	SO	St. John Fisher	7.16q
6	Desmond Akpanoko	SO	Utica	7.20q
7	Andrew Loth	SO	Stevens Inst	7.20q
8	Ka'Sean Watlington	SO	Utica	7.28q
9	Jaggar Chaisty	SR	Alfred	7.29
10	Darryl Robinson	SO	Alfred	7.34
11	Carlton Woodie	SR	Utica	7.41
12	John Zamites	JR	Houghton	7.42
13	Philip Cruz-Rodriguez	SO	Utica	7.52
14	Jerome Houston	FR	Houghton	7.57
15	Jervon Harrison	SO	Nazareth	7.60
16	John Mullen	FR	Stevens Inst	7.60

Men 60 Meter Dash

Meet: 6.88 & 2/11/2017 Nicodemus Gambill
Facility: 6.87 # 2/18/2017 Dean Simon
AARTFC: 7.10 *

Finals

	Name	Yr	School	Finals	
1	Alex Kainer	JR	Stevens Inst	6.93*	10
2	Daniel Norris	SO	St. John Fisher	7.07*	8
3	Andrew Loth	SO	Stevens Inst	7.11	6
4	Ryan McQuillen	JR	St. John Fisher	7.15	4
5	Evan Kainer	JR	Stevens Inst	7.16	2
6	Kwame Maxwell	FR	Alfred	7.18	1
7	Ka'Sean Watlington	SO	Utica	7.23	
---	Desmond Akpanoko	SO	Utica	FS	

Men 200 Meter Dash

Meet: 21.99 & 2/11/2017 Nicodemus Gambill
Facility: 22.03 # 2/18/2017 Devontrae Young
AARTFC: 22.80 *

Finals

	Name	Yr	School	Finals	
1	Alex Kainer	JR	Stevens Inst	21.91&	10
2	Andrew Loth	SO	Stevens Inst	22.63*	8
3	Kevin Gangemi	JR	Utica	22.69*	6
4	Peter Girardi	SR	St. John Fisher	22.70*	4
5	Nick DiMaria	SO	Stevens Inst	22.80*	2
6	Nick LaBarbera	SR	Nazareth	22.85	1
7	Eddie Mahana	SO	St. John Fisher	23.17	
8	Kwame Maxwell	FR	Alfred	23.20	
9	Daniel Norris	SO	St. John Fisher	23.25	
10	Vincent Russo	SO	Stevens Inst	23.43	
11	Darryl Robinson	SO	Alfred	23.45	
12	Carlton Woodie	SR	Utica	23.62	
13	John Zamites	JR	Houghton	23.72	
14	Evan Kainer	JR	Stevens Inst	23.76	
15	Kyle Swiecki	JR	Utica	24.11	
16	Alex Luckoo	JR	Utica	24.23	

Men 400 Meter Dash

Meet: 48.84 & 2/11/2017 Peter Girardi
Facility: 48.77 # 2/18/2017 Ryan Kingland
AARTFC: 50.90 *

Finals

	Name	Yr	School	Finals	
1	Peter Girardi	SR	St. John Fisher	49.02*	10
2	Nick LaBarbera	SR	Nazareth	49.95*	8
3	Alex Luckoo	JR	Utica	50.36*	6
4	Kevin Gangemi	JR	Utica	50.43*	4
5	Nick DiMaria	SO	Stevens Inst	50.69*	2
6	Eddie Mahana	SO	St. John Fisher	51.06	1
7	Brenden Moore	SO	Utica	51.85	
8	Dean Howard	SO	Utica	53.44	
9	Tyler Sutton	JR	Utica	53.67	
10	Silas Wade	FR	St. John Fisher	54.09	
11	Cody Jerome	SO	St. John Fisher	54.36	
12	John Woodworth	SR	St. John Fisher	54.37	
13	Kenny DuChemin	FR	Stevens Inst	55.95	
14	Amar Bindra	FR	Stevens Inst	57.26	
15	William Gordon	SO	St. John Fisher	57.30	
---	John Vega	SR	Utica	DNS	

Men 800 Meter Run

Meet: 1:54.91 & 2007 Nick Stenuf
Facility: 1:54.26 # 12/9/2016 Jeremy Hassett
AARTFC: 1:57.50 *

Finals

	Name	Yr	School	Finals	
1	Nick Zickgraf	SR	Stevens Inst	1:55.65*	10
2	Dan Burdo	SO	Houghton	1:56.51*	8
3	James Felice	SR	St. John Fisher	1:56.91*	6
4	Matt Battaglia	SR	Nazareth	1:58.83	4
5	Tom Selvaggi	JR	Stevens Inst	1:59.30	2
6	Raouf Laadem	SO	Stevens Inst	1:59.37	1
7	Erik Gleba	SR	Utica	2:01.85	
8	Nick Ashton	JR	Utica	2:02.30	
9	Jack Behlmaier	JR	St. John Fisher	2:02.66	
10	Sean James	FR	Stevens Inst	2:03.81	
11	Fred Owen	FR	St. John Fisher	2:04.22	
12	Sammie Adarkwa	SR	Utica	2:04.72	
13	Rashid Abuelmaali	JR	Alfred	2:05.42	
14	James Lawrence	FR	Stevens Inst	2:07.06	
15	Jordan Schools	JR	Alfred	2:14.40	

Empire 8 Championships

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Results

Men 1 Mile Run

Meet: 4:18.68 & 2/11/2017 Nick Zickgraf
Facility: 4:17.05 # 1/22/2016 Collin Mulcahy
AARTFC: 4:24.00 *

Finals

	Name	Yr	School	Finals	
1	Nick Zickgraf	SR	Stevens Inst	4:17.89&	10
2	James Felice	SR	St. John Fisher	4:19.40*	8
3	Mitchell Marlow	SO	Utica	4:26.43	6
4	Michael John	SR	Stevens Inst	4:31.18	4
5	Sean James	FR	Stevens Inst	4:31.88	2
6	Matthew Roder	SR	Alfred	4:35.80	1
7	Erik Winberg	SR	Utica	4:42.08	
8	Liam Rodgers	JR	Utica	4:55.75	

Men 3000 Meter Run

Facility: 8:36.32 # 1/22/2016 Nicholas Guarino
AARTFC: 8:49.00 *

Finals

	Name	Yr	School	Finals	
1	Greg Arabagian	JR	Stevens Inst	9:02.73	10
2	PJ Gunther	FR	Stevens Inst	9:15.02	8
3	Michael John	SR	Stevens Inst	9:17.36	6
4	Matthew Gostomski	JR	Houghton	9:18.82	4
5	Kyle Gallo	SR	Alfred	9:18.97	2
6	Mitchell Marlow	SO	Utica	9:20.30	1
7	Phil Chapel	SR	Stevens Inst	9:24.21	
8	Adam Sisson	JR	Stevens Inst	9:25.78	
9	Dan Block	JR	Utica	9:30.53	
10	Nick Schug	SR	St. John Fisher	9:51.54	
11	Dominik Sullivan	FR	Houghton	9:57.54	
12	Jacob Howe	FR	Utica	10:39.31	
---	McQuade Milligan	SR	St. John Fisher	DNS	
---	Jacob Maurer	SO	St. John Fisher	DNS	
---	Evan Bourtis	JR	St. John Fisher	DNS	

Men 5000 Meter Run

Meet: 14:48.42 & 2007 Nate Lowe
Facility: 15:10.29 # 2/17/2017 Andrew Curry
AARTFC: 15:30.00 *

Finals

	Name	Yr	School	Finals	
1	Greg Arabagian	JR	Stevens Inst	15:52.48	10
2	Tyler Deuschle	SO	Houghton	15:58.54	8
3	Leland Frink	SO	Utica	15:59.90	6
4	Kyle Gallo	SR	Alfred	16:04.92	4
5	Phil Chapel	SR	Stevens Inst	16:07.14	2
6	Adam Sisson	JR	Stevens Inst	16:12.49	1
7	Chris Celecki	FR	Nazareth	16:15.89	
8	Bernard Daoust	SO	St. John Fisher	16:39.43	
9	Chris Kipp	FR	Stevens Inst	16:46.35	
10	Brian Attas	SR	Utica	16:48.67	
11	Kyle Engelhart	FR	Utica	16:55.77	
12	Dillon Bell	FR	Houghton	16:58.79	
13	John Vernick	SO	Houghton	17:04.43	
14	Michael Brown	FR	Nazareth	17:16.20	
15	Joel Wheeler	FR	Houghton	17:16.89	
16	Evan Miller	FR	Houghton	17:56.86	
---	Dylan Peters	SO	Stevens Inst	DNS	

Men 60 Meter Hurdles

Meet: 8.15 & 2/11/2017 Peter Girardi
Facility: 8.20 # 2/18/2017 Ashton Colaire
AARTFC: 8.65 *

Preliminaries

	Name	Yr	School	Prelims
1	Peter Girardi	SR	St. John Fisher	# 8.18Q
2	Eddie Mahana	SO	St. John Fisher	* 8.28Q
3	Kyle Rollins	FR	St. John Fisher	* 8.51q
4	Dan Kaba	SO	Stevens Inst	8.79q
5	Kyle Swiecki	JR	Utica	8.80q
6	Seth Spicer	SR	Alfred	8.86q
7	Jordan Smith	JR	Utica	9.14q
8	Chase Pecoraro	SO	Utica	9.45q
9	Vincent Russo	SO	Stevens Inst	9.52
10	William Lewis	FR	Nazareth	9.95
11	Daniel Wiener	SO	Alfred	10.64

Men 60 Meter Hurdles

Meet: 8.15 & 2/11/2017 Peter Girardi
Facility: 8.20 # 2/18/2017 Ashton Colaire
AARTFC: 8.65 *

Finals

	Name	Yr	School	Finals	
1	Peter Girardi	SR	St. John Fisher	8.11&	10
2	Eddie Mahana	SO	St. John Fisher	8.16#	8
3	Kyle Rollins	FR	St. John Fisher	8.48*	6
4	Dan Kaba	SO	Stevens Inst	8.61*	4
5	Seth Spicer	SR	Alfred	8.87	2
6	Jordan Smith	JR	Utica	9.05	1
7	Chase Pecoraro	SO	Utica	9.97	
---	Kyle Swiecki	JR	Utica	DNF	

Men 4x400 Meter Relay

Meet: 3:21.72 & 2/13/2016 Nazareth
N LaBarbera, M Battaglia, M Morris, T Sippie
Facility: 3:22.29 # 2/18/2017 Dallas Baptist
C Holston, T Tannehill, M Finley, R Kingland
AARTFC: 3:27.00 *

Finals

	Team	Relay	Finals	
1	Utica		3:22.98*	10
	1) Brenden Moore SO	2) Nick Proper JR		
	3) Erik Gleba SR	4) Kevin Gangemi JR		
2	St. John Fisher		3:25.34*	8
	1) Eddie Mahana SO	2) Zachary Kennedy FR		
	3) Jack Behlmaier JR	4) Peter Girardi SR		
3	Stevens Institute		3:25.72*	6
	1) Alex Kainer JR	2) Raouf Laadem SO		
	3) Dan Kaba SO	4) Nick DiMaria SO		

Empire 8 Championships

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Results

Finals ... (Men 4x400 Meter Relay)

	Team	Relay	Finals	
4	Nazareth		3:29.30	4
	1) Nick LaBarbera SR	2) Chris Celecki FR		
	3) Matt Battaglia SR	4) Jack Wessel JR		
5	Alfred		3:37.41	2
	1) Kwame Maxwell FR	2) Wesley Burke FR		
	3) Rashid Abuelmaali JR	4) Seth Spicer SR		
6	Houghton		3:39.92	1
	1) Dan Burdo SO	2) Nathaniel Zedomi FR		
	3) Christian Arbour SO	4) Silas Philbrick FR		

Men Distance Medley

Meet: 10:16.61 & 2007 RIT

Varble, Sealander, O'Donnell, Hardbarger

Facility: 10:14.74 # 2/17/2017 Dallas Baptist

S Rayas, R Kingland, M Finley, T Phelps

AARTFC: 10:37.00 *

	Team	Relay	Finals	
Finals				
1	Utica		10:55.24	10
	1) Erik Winberg SR	2) Nick Proper JR		
	3) Sammie Adarkwa SR	4) Liam Rodgers JR		
2	Stevens Institute		10:59.58	8
	1) James Lawrence FR	2) Amar Bindra FR		
	3) Nathan Schaefer SR	4) Kyle McDermott JR		
3	Alfred		11:09.36	6
	1) Rashid Abuelmaali JR	2) Jordan Schools JR		
	3) Matthew Roder SR	4) Wesley Burke FR		
4	St. John Fisher		11:16.86	4
	1) Fred Owen FR	2) Silas Wade FR		
	3) Cody Jerome SO	4) Nick Schug SR		
5	Nazareth		11:21.38	2
	1) Zechariah Nower FR	2) Lassana Diaby FR		
	3) Jack Wessel JR	4) Devyn Chase FR		
6	Houghton		11:31.72	1
	1) Christian Arbour SO	2) Nathaniel Zedomi FR		
	3) Silas Philbrick FR	4) Dominik Sullivan FR		

Men High Jump

Meet: 2.03m & 2013 Riley & Pinto

Meet2: 2.03m & 2/13/2016 Andrew Brandt

Facility: 2.03m # 2/14/2015 Robert Pinto

AARTFC: 1.93m *

	Name	Yr	School	Finals	
Finals					
1	Kyle Rollins	FR	St. John Fisher	2.08m&	10
2	Mark VanMarter	SR	St. John Fisher	2.03m&	8
3	Seth Spicer	SR	Alfred	1.88m	6
4	Kyle Swiecki	JR	Utica	1.78m	4
5	Quayree Bull	SR	Utica	1.78m	1.5
5	Adam Moninghoff	FR	Stevens Inst	1.78m	1.5
7	Zachary Briggs	FR	St. John Fisher	1.73m	
8	Brian Jefferson	JR	Stevens Inst	1.73m	
9	Chase Pecoraro	SO	Utica	1.68m	
10	Sean Murphy	SO	Utica	1.68m	
11	Sean Raymond	FR	Alfred	1.68m	
12	Evan Kainer	JR	Stevens Inst	1.68m	
13	Jordan Smith	JR	Utica	1.63m	
14	Matthew Finley	SR	Alfred	1.63m	
---	Zachary Mapes	SR	Alfred	NH	

Men Pole Vault

Meet: 4.75m & 2010 Michael Dempsey

Facility: 5.00m # 1/31/2015 Tim Moses

AARTFC: 4.40m *

	Name	Yr	School	Finals	
Finals					
1	Christopher Fisk	SO	Utica	4.25m	10
2	Andy Accardi	SO	Stevens Inst	4.25m	8
3	Gregory Lenegar	FR	St. John Fisher	4.10m	6
4	Thomas Hallman	FR	Houghton	4.10m	4
5	Seth Spicer	SR	Alfred	3.95m	1.5
5	Sean Foley	SO	Alfred	3.95m	1.5
7	Chase Pecoraro	SO	Utica	3.80m	
7	Patrick Fitzgerald	JR	Utica	3.80m	
9	Kameron Pettit	FR	Alfred	3.80m	
10	Jorge Mascaro	FR	Stevens Inst	3.50m	
11	Joel Goetz	SO	Houghton	3.35m	
---	James Woods	FR	Stevens Inst	NH	
---	Hunter Hendricks	FR	Utica	NH	

Men Long Jump

Meet: 7.20m & 2010 Kyle Devins

Facility: 7.17m # 12/8/2017 Mark VanMarter

AARTFC: 6.65m *

	Name	Yr	School	Finals	
Finals					
1	Mark VanMarter	SR	St. John Fisher	7.09m*	10
2	Kyle Rollins	FR	St. John Fisher	6.79m*	8
3	Kyle Swiecki	JR	Utica	6.69m*	6
4	Evan Kainer	JR	Stevens Inst	6.68m*	4
5	Sean Murphy	SO	Utica	6.64m	2
6	Ka'Sean Watlington	SO	Utica	6.56m	1
7	Ryan McQuillen	JR	St. John Fisher	6.41m	
8	Justin Brister	SO	Utica	6.32m	
9	Desmond Akpanoko	SO	Utica	6.22m	
10	Seth Spicer	SR	Alfred	6.19m	
11	Quayree Bull	SR	Utica	6.18m	
12	Adam Moninghoff	FR	Stevens Inst	6.16m	
13	Zachary Mapes	SR	Alfred	6.14m	
14	John Kanu	FR	Houghton	6.01m	
15	Danny LaMastra	FR	Stevens Inst	5.95m	
16	Jervon Harrison	SO	Nazareth	5.77m	
17	Zachary Kennedy	FR	St. John Fisher	5.60m	
---	Brian Jefferson	JR	Stevens Inst	FOUL	
---	Chris Robillard	FR	Utica	FOUL	

Empire 8 Championships

Kerr-Pegula Fieldhouse, Houghton College - 2/24/2018

Results

Men Triple Jump

Meet: 14.16m & 2010 Kyle Devins
Facility: 14.01m # 1/19/2018 Robert Alexis
AARTFC: 13.40m *

Finals

	Name	Yr	School	Finals	
1	Kyle Rollins	FR	St. John Fisher	14.45m&	10
2	Mark VanMarter	SR	St. John Fisher	14.45m&	8
3	Ka'Sean Watlington	SO	Utica	14.13m#	6
4	Justin Brister	SO	Utica	14.12m#	4
5	Quayree Bull	SR	Utica	13.18m	2
6	Kalif Wallace	SO	Utica	13.14m	1
7	Adam Moninghoff	FR	Stevens Inst	13.12m	
8	Brian Jefferson	JR	Stevens Inst	12.60m	
9	Matthew Finley	SR	Alfred	12.20m	
10	Zachary Mapes	SR	Alfred	12.19m	
11	Jordan Schools	JR	Alfred	12.07m	
12	Danny LaMastra	FR	Stevens Inst	11.99m	
---	Matthew Derse	SR	Alfred	FOUL	
---	Sean Murphy	SO	Utica	DNS	
---	Chris Robillard	FR	Utica	DNS	

Men Shot Put

Meet: 15.94m & 2/11/2017 Samuel Kaczmarek
Facility: 15.10m # 2/18/2017 Kyle Ostrander
AARTFC: 14.00m *

Finals

	Name	Yr	School	Finals	
1	Keanu Heedram	SO	Utica	16.25m&	10
2	Ross Mathewson	JR	St. John Fisher	14.16m*	8
3	Tyler Mosher	SO	Utica	14.14m*	6
4	Jude Manford	JR	Utica	14.04m*	4
5	Leyton Miner	SO	St. John Fisher	13.39m	2
6	Seth Spicer	SR	Alfred	13.35m	1
7	Jonathan Robinson	JR	St. John Fisher	13.34m	
8	Zack Leader	FR	Utica	13.30m	
9	Sam Bonk	SR	Utica	13.23m	
10	Thomas Edic	JR	Utica	12.82m	
11	Andrew Mucica	SO	Utica	12.80m	
12	Max McCauley	SO	Stevens Inst	12.71m	
13	Saul McCoy	FR	Alfred	11.80m	
14	Tyler Hancock	SR	Nazareth	11.63m	
15	Ryan Desautels	FR	St. John Fisher	10.91m	
---	Nicholas Krute	SR	Stevens Inst	FOUL	

Men Weight Throw 35 lb.

Meet: 18.84m & 2/13/2016 Luis Rivera
Facility: 20.41m # 1/19/2018 Luis Rivera
AARTFC: 15.00m *

Finals

	Name	Yr	School	Finals	
1	Parker Dimock	SR	Stevens Inst	15.84m*	10
2	Ross Mathewson	JR	St. John Fisher	15.59m*	8
3	Cody Yersin	SR	Stevens Inst	15.58m*	6
4	Ian Ballard	SR	St. John Fisher	15.58m*	4
5	Jonathan Robinson	JR	St. John Fisher	15.46m*	2
6	Thomas Edic	JR	Utica	15.43m*	1
7	Sam Bonk	SR	Utica	15.13m*	
8	Tyler Hancock	SR	Nazareth	14.86m	
9	Chase Corcoran	FR	St. John Fisher	14.59m	
10	Ryan Desautels	FR	St. John Fisher	14.27m	
11	Andrew Mucica	SO	Utica	13.90m	
12	Zack Leader	FR	Utica	13.86m	
13	Keanu Heedram	SO	Utica	13.72m	
14	Max McCauley	SO	Stevens Inst	13.56m	
15	Brandon Truong	FR	Stevens Inst	12.89m	
16	Zachary Fisher	SO	Houghton	12.65m	
17	John Raziano	SR	Stevens Inst	12.64m	
18	Bryce Elliott	SO	Utica	12.15m	
---	Kieran Sariego	FR	Alfred	FOUL	

Women - Team Rankings - 16 Events Scored

1)	Stevens Institute	142.5
2)	Utica	135
3)	St. John Fisher	80
4)	Nazareth	71
5)	Houghton	44
6)	Alfred	22.5

Men - Team Rankings - 16 Events Scored

1)	St. John Fisher	161
2)	Stevens Institute	153.5
3)	Utica	108.5
4)	Alfred	28
5)	Houghton	26
6)	Nazareth	19